

**PHASE 1 WILL BE DEFINED BY THE FOLLOWING RESTRICTIONS AND ACTIVITIES:**

RESTRICTIONS	ACTIVITIES PERMITTED	ACTIVITIES NOT PERMITTED
<ul style="list-style-type: none"> <li>▪ <b>NO PHYSICAL CONTACT. THIS INCLUDES:</b> <ul style="list-style-type: none"> <li>▪ DRILLS THAT INVOLVE PLAYERS OR COACHES WITHIN 6 FEET OF EACH OTHER</li> <li>▪ NO HIGH FIVES</li> <li>▪ NO KNUCKLES</li> </ul> </li> <li>▪ <b>NO MORE THAN 10 PARTICIPANTS PER FIELD. THIS INCLUDES PLAYERS, COACHES, AND SPECTATORS</b></li> <li>▪ <b>NO USE OF SCRIMMAGE VESTS/<del>PINNIES</del></b></li> <li>▪ <b>PRACTICE TIMES SHOULD BE SET TO MAXIMIZE SOCIAL DISTANCING AND LIMIT THE NUMBER OF PEOPLE IN A SINGLE AREA TO 10 OR LESS.</b> <ul style="list-style-type: none"> <li>▪ <b>RECOMMEND A MINIMUM OF 30 MINUTES BETWEEN END TIME OF ONE SESSION AND THE START TIME OF THE NEXT.</b></li> <li>▪ <b>IF YOUTH NEED SUPERVISION WHILE WAITING FOR PICKUP, ADULTS SHOULD BE AT LEAST SIX (6) FEET APART.</b></li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ <b>INDIVIDUAL TRAINING AND TECHNICAL ACTIVITIES ONLY</b></li> </ul>	<ul style="list-style-type: none"> <li>▪ <b>ANY DRILL OR EXERCISE THAT WOULD/COULD INVOLVE PARTICIPANTS GETTING CLOSER THAN 6 FEET APART, OR PHYSICAL CONTACT</b></li> <li>▪ <b>ACTIVITIES THAT WOULD CREATE ENGAGEMENT BY TWO OR MORE PLAYERS</b></li> <li>▪ <b>ACTIVITIES THAT MAY CREATE OPPORTUNITY FOR AN INDIVIDUAL TO COME IN CONTACT WITH ANOTHER'S EQUIPMENT. THIS WOULD INCLUDE HEADERS, THROW-INS, ETC.</b></li> <li>▪ <b>NO GAMES OR TOURNAMENTS</b></li> </ul>

**PHASE 2 WILL BE DEFINED BY THE FOLLOWING RESTRICTIONS AND ACTIVITIES IN AN EXPANDED GROUP:**

RESTRICTIONS	ACTIVITIES PERMITTED	ACTIVITIES NOT PERMITTED
<ul style="list-style-type: none"> <li>▪ <b>NO PHYSICAL CONTACT. THIS INCLUDES:</b> <ul style="list-style-type: none"> <li>▪ DRILLS THAT INVOLVE PLAYERS OR COACHES WITHIN 6 FEET OF EACH OTHER</li> <li>▪ NO HIGH FIVES</li> <li>▪ NO KNUCKLES</li> </ul> </li> <li>▪ <b>NO MORE THAN 25 PARTICIPANTS PER FIELD. THIS INCLUDES PLAYERS, COACHES, AND SPECTATORS</b></li> <li>▪ <b>NO SHARING OF SCRIMMAGE VESTS/<del>PINNIES</del></b></li> <li>▪ <b>PRACTICE TIMES SHOULD BE SET TO MAXIMIZE SOCIAL DISTANCING AND LIMIT THE NUMBER OF PEOPLE IN A SINGLE AREA TO 25 OR LESS.</b> <ul style="list-style-type: none"> <li>▪ <b>RECOMMEND A MINIMUM OF 30 MINUTES BETWEEN END TIME OF ONE SESSION AND THE START TIME OF THE NEXT.</b></li> <li>▪ <b>IF YOUTH NEED SUPERVISION WHILE WAITING FOR PICKUP, ADULTS SHOULD BE AT LEAST SIX (6) FEET APART.</b></li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ <b>INDIVIDUAL TRAINING AND TECHNICAL ACTIVITIES ONLY</b></li> </ul>	<ul style="list-style-type: none"> <li>▪ <b>ANY DRILL OR EXERCISE THAT WOULD/COULD INVOLVE PARTICIPANTS GETTING CLOSER THAN 6 FEET APART, OR PHYSICAL CONTACT</b></li> <li>▪ <b>ACTIVITIES THAT WOULD CREATE ENGAGEMENT BY TWO OR MORE PLAYERS</b></li> <li>▪ <b>ACTIVITIES THAT MAY CREATE OPPORTUNITY FOR AN INDIVIDUAL TO COME IN CONTACT WITH ANOTHER'S EQUIPMENT. THIS WOULD INCLUDE HEADERS, THROW-INS, ETC.</b></li> <li>▪ <b>NO GAMES OR TOURNAMENTS</b></li> </ul>